



# VACP

Virginia Academy of Clinical Psychologists



# Virtual Learning

## VACP Spring Conference Friday April 16, 2021

Leaving the *'perdidit annos singulos'* (lost year) behind, and in the spirit of this *'annum de renovationis'* (year of renewal), come join the **VIRTUAL SPRING CONFERENCE** of the **Virginia Academy of Clinical Psychologists** on **FRIDAY 16<sup>TH</sup> APRIL**. Earn 8 CE hours and fulfill the annual ethics requirement.

Come, engage with esteemed colleagues who will bring us to the cusp of clinical psychology practice, with up to date information on: Virginia psychology regulations; psychology's potential to bring disparate groups together; diversity challenges; the changing paradigm of psychological practice; the advent of the new MMPI-3; professional and ethical issues when involved with attorneys and courts; and the psychologist's role in ascertaining a medical patient's capacity to make decisions. While this is the short description of what is on the menu, there is something for everyone and promises to be a satisfying virtual meal, accompanied by savory takeaways.

You are invited to the **Virginia Academy of Clinical Psychologists SPRING CONFERENCE – VIRTUALLY on FRIDAY 16<sup>TH</sup> APRIL**

- Presenters with recognition at State and National levels
- 8 hours of CE in a synchronous virtual format ('live' virtual attendance is required)
- 5 one hour and 2 one and one-half hour presentations
- 2 sessions combine to meet VA annual requirements regarding "ethics"
- Opportunity to attend the lunchtime VACP Annual Meeting
- One registration fee of \$160\* covers all sessions.

~Ronnie Zuessman, PhD LCP, Chair Continuing Education, Clinical Associate Professor in Psychiatry

### SESSION 1

8:00 – 9:00 am

### How to Use Our Psychological Expertise to Help Heal Our Nation's Divide

(Alan Entin, PhD ABPP; Dana Ackley, PhD)

In this conversation hour we will explore how clinical psychologists are uniquely placed to help heal the divides in our nation. We will explore how a person's world view begins early in life and strongly shapes their political ideology. We will also discuss confirmation bias and its contributions to maintaining differences in political thought. We will consider the role of the psychologist in listening, understanding, and overcoming assumptions, and reducing anxiety that contributes to confirmation bias. A case will be made that training and experience in family systems theory can inform understanding how organizations and societal groups function. We will discuss how the valuable skills that psychologists have can be used in our communities to overcome hatred and tribalism. We will advocate for engagement with local groups devoted to dialogue across the political spectrum.

**Alan Entin, PhD ABPP** With four decades of leadership in APA divisions of independent practice, family psychology and media psychology, as well as with the VPA and VACP, Dr. Entin was selected in 2008 by the Divisions of Independent Practice and Psychotherapy for contributions to psychology and the arts to receive the Rosalee Weiss Award by the American Psychological Foundation. Dr. Entin is the author of "Family Gifts and the Artful Practitioner" in the recently published book *Different Paths Towards Becoming a Psychoanalyst and Psychotherapist*, Rachman, A. and Kooden, H., Eds, (2021).

**Dana Ackley, PhD** Earning a PhD in clinical psychology from Florida State University in 1973, Dr Ackley is a Fellow of APA Divisions of Consulting and Independent Practice. In the early and mid 1990s, he lead VACPs challenges to managed care. He is the author of *Breaking Free of Managed Care* (Guilford Press, 1997), the *EQ Leader Program* (MHS, 2006), and the *EQ Leader Program*<sup>2.0</sup> (2020). After 25 years as a therapist, Dr Ackley shifted focus to executive coaching and organizational consultation. He has used these broad experiences in his work with a national organization, *The Healthy Democracy Coalition*, and locally in his home community with the *Roanoke Collaboration Project*.

1 Hour CE Credit

## **SESSION 2**

9:15 – 10:15 am

1 Hour CE  
Credit

### **Diversity and Clinical Psychology in the Commonwealth of Virginia**

*(Rolando Diaz, Ph.D. and Keith Bernardo, Ph.D.)*

Principles of diversity, equity and inclusion present challenges for us all. This presentation will provide an overview of some of these challenges facing the practice of clinical psychology, while referencing the mission of VACP's newly-formed Diversity Committee. The presentation will highlight needs of practitioners, and issues such as training, consultation, addressing inherent biases, and support for minority practitioners, among others. Patient needs will be identified, including issues such as availability of competent providers for assessment and treatment, as well as limited or unavailable testing resources for many cultural and language groups. Commencement of the Diversity Committee's work will be presented via the mission statement and the first steps that will be taken to deliver on this mission in Virginia.

**Rolando Diaz, PhD** *Dr Diaz earned a bachelor's degree from University of Miami and master's and doctoral degrees from The Catholic University of America. After working at the Lab School of Washington with students having learning disabilities, he has been in private practice in Arlington since 2000. Bilingual in English and Spanish, he works with culturally-diverse individuals and families providing psychotherapy and psychological assessment to children, adolescents, and adults. Dr Diaz works with local juvenile courts and social service agencies, conducts bilingual immigration-related assessments, and serves on a national committee working with Catholic mens' religious orders on improving their child abuse prevention policies.*

**Keith Bernardo, PhD** *started his career in psychology in the field of Social Organization Psychology at Columbia University, working with large groups in corporations to assess and improve group dynamics. He went on to earn a PhD in Clinical Psychology from The University of Texas Southwestern Medical Center. During post-doctoral training, Dr Bernardo worked and studied in the field of perinatal psychology, solidifying his interest in human connection from its origins: maternal-fetal connection. Today, he works with a wide range of individuals helping them better connect to themselves, others, and the world around them. Dr Bernardo lives in Northern Virginia with his husband, Dr Rob Farrell, and his two amazing dogs, Bailey and Jasper.*

## **SESSION 3**

10:30 – 12:00 pm

1.5 Hours CE  
Credit

### **The MMPI-3**

*(Gail C. Rodin, PhD)*

Bringing clinical psychologists up to date, this workshop introduces the MMPI-3, published in the fall of 2020. We will look at how the MMPI-3 has evolved from the MMPI-2 and MMPI-2-RF; examine the new normative sample; and review new test items, validity scales, and substantive scales. We will also discuss best practices for the newly-available remote digital administration option.

At the completion of this workshop, participants will be able to: describe the MMPI-3 background and development process; describe the MMPI-3 normative sample and how it differs from that of the MMPI-2/-2-RF; identify new Validity and Substantive scales; understand how to appropriately administer the MMPI-3 remotely using teleconferencing.

**Gail C. Rodin, PhD** *Dr. Rodin is a clinical neuropsychologist who lives and works outside Raleigh, NC. She majored in psychology at Yale University and completed the PhD in clinical psychology at New York University. After ten years in private practice providing assessment services, supervision, and training, Dr. Rodin joined Pearson Clinical Assessment, the distributor of the MMPI, where she is currently the Assessment Consultant for five mid-Atlantic states. Dr. Rodin has co-authored chapters on fibromyalgia and chronic fatigue syndrome in women with ADHD, and is currently preparing a new book, *Limbic Life*. Her clinical interests include developmental learning disorders (ADHD, learning disabilities, and high-functioning autism spectrum disorders); psychopharmacology; and the integration of scientific findings into public policy.*

## **Session 4**

12:00 – 1:00 pm  
(& Lunch !)

### **VACP General Membership Meeting and Elections**

2021 Elections: President Elect, Secretary, Treasurer, 2 At-Large Board Members  
Approval of Association Minutes  
Approval of Association Finances  
Various Committee & Regional Academy Reports

VACP shall hold regular semi-annual meetings. The dates of such meetings are determined by the BOD and publicized to the membership at least 60 days in advance. B. Quorums:1. For general membership meetings, a quorum shall be those members present at the business session of any duly announced meeting.

**VACP Fall Conference (Live and in person)**

**October 16-17, 2021**

**Hilton Oceanfront Hotel**

**Virginia Beach, VA**

save  
the  
date®

save  
the  
date®

## **SESSION 5**

1:00 – 2:00 pm

1 Hour CE  
Credit  
Qualifies for  
"Ethics" Credit

### **Dealing with the Courts and Attorneys: Understanding Professional and Ethical Issues When Involved in Forensic Activity**

*(Edward A. "Ted" Peck III, PhD, ABPP-Cn, LCP; Megan K. Clark, Esq)*

Sometimes a surprise, psychologists commonly find themselves having to deal with courts and attorneys. A clinical psychologist and an attorney discuss professional and ethical issues regarding: 1) Subpoenas for records (including "raw data" or therapy notes); 2) differences between testifying as the patient's Treating provider or as a retained Expert witness; 3) dealing with Court Orders regarding Third Party Observers; 4) Dual Relationships with respect to clinical and forensic activities; 5) Common disputes that arise between attorneys, experts, and providers during litigation.

At the completion of this workshop, participants will be able to: 1) Understand how professional and ethical responsibilities of Clinical Psychologists are viewed by the Court, when the Court is asked to rule on what a psychologist is to be Ordered to do.; and 2) Understand Situational Ethics in Forensic Activities – When to say "No" or "Yes."

**Edward A. "Ted" Peck III, PhD, ABPP-Cn, LCP** Dr. Peck is in practice at Neuropsychological Services of Virginia; and is Chair, VACP Professional Standards & Ethics Committee; and Member, Ethics Committee, American Board of Quality Assurance and Utilization Review Physicians.

**Megan K. Clark, Esq** Ms. Clark received the BA in political science from Penn State University and the JD from the University of Richmond School of Law. She serves as Associate Attorney at the law firm of Whitt & Del Bueno; and was formerly Assistant Public Defender for the City of Richmond.

## **SESSION 6**

2:15 – 3:15 pm

1 Hour CE  
Credit  
Qualifies for  
"Ethics" Credit

### **Town Hall With the Board of Psychology**

*(James Werth Jr, PhD ABPP; J D Ball, PhD ABPP; Peter Sheras, PhD ABPP; Herb Stewart, PhD; Jaime Hoyle, JD)*

The first part of this presentation will be an update from members and staff of the Virginia Board of Psychology. Among other issues, they will review (a) The status of proposed extensive revisions to the Board's regulations; (b) the status of the "Proposed Regulations on Conversion Therapy"; (c) the status of the updated EPPP; (d) the status of PSYPACT; and (e) the status of projects of undertaken by the Regulatory Committee, including a review of the new guidance document on closing a practice. Following this overview, the Board will hold a Town Hall meeting by answering questions on topics under their purview from the audience.

## **SESSION 7**

3:30 – 5:00 pm

1.5 Hours CE  
Credit

### **Visions for the Future Practice of Psychology**

*(Beth N. Rom-Rymer, PhD; Anita Auerbach, PhD)*

The terrain of the practice of psychology is changing dramatically. The COVID pandemic and the spotlight on healthcare disparities are accelerating changes that had already begun. Dr Rom-Rymer will be exploring the factors that have precipitated change; the ways in which clinicians are changing their practice paradigms; the costs and benefits of making change; the obstacles to changing routine patterns of practice; and visions for the future of psychology practice.

At the completion of this workshop, participants will learn: 1) about the many and varied opportunities psychologists have today for the expansion of clinical practice; 2) how prescriptive authority can benefit clinicians and the community; 3) steps towards successful legislative advocacy for psychologists.

**Beth N. Rom-Rymer, PhD** Dr Rom-Rymer earned the AB in psychology from Princeton University, and the MA and PhD in clinical psychology from University of Illinois, Urbana-Champaign, and is a Fellow of the APA Division for the Advancement of Pharmacotherapy. She is in practice in Illinois; is Founder, President, and CEO, of The Illinois Association of Prescribing Psychologists; and is Advisor/Consultant to the Virginia Academy of Medical Psychologists. Of many awards, Dr Rom-Rymer has received: the APA Presidential Award for outstanding service to the Division of Trauma Psychology, the American Psychological Foundation Luminary Award, the Alfred Wellner Lifetime Achievement Award from the National Register of Health Service Providers, the APA Presidential Citation for Outstanding Contributions to the Field of Professional Psychology, and the APA Division 55 Outstanding Contribution to the Advancement of Pharmacotherapy at the National Level.

**Anita Auerbach, PhD** will introduce this session. Dr Auerbach is Past President of the Virginia Psychological Association; Chair of the Virginia Academy of Medical Psychologists; and Clinical Professor at The George Washington University Graduate School of Psychology and School of Medicine. Dr. Auerbach is the founder and director of Commonwealth Psychological Associates, PLC

**SESSION 8**

5:15 – 6:15 pm

1 Hour CE  
Credit

**Evaluating Medical Decision-Making Capacity in the Hospital Setting**

*(Robert McNamara, PhD)*

Health care providers in the hospital setting routinely encounter questions or concerns related to their patients’ ability to make their own medical decisions, such as consenting to treatments, procedures, or discharge plans. In the Commonwealth of Virginia, Licensed Clinical Psychologists have the privilege to be involved in the process of determining whether patients are capable of making informed decisions about their health care. This presentation will define medical decision-making capacity, discuss the process of evaluating patients’ capacity, and identify tools used for assessment. In addition, legal and ethical considerations related to patients’ medical decision-making and the evaluation process will be discussed.

**Robert McNamara, PhD** Dr. McNamara, a licensed clinical psychologist, is Assistant Professor, Psychiatry and Behavioral Medicine at the Virginia Tech Carilion School of Medicine.

**VACP Spring Conference: President’s Message**



*As your VACP president, I look forward to seeing you at our Spring VACP conference, again to be held virtually. Dr. Zuessman has put together an intriguing and diverse program where we can efficiently acquire those needed CEUs. This conference is also a place to network with other psychologists from around the state, granted, a bit of a challenge on Zoom. Hope to see you then.*

*Bruce Sellars, PsyD, VACP President*



<b>VACP Members:</b>	<b>\$160</b>	<b>Registration fee</b>
<b>Non-Members:</b>	<b>\$260</b>	<b>Registration fee</b>

**IMPORTANT INFORMATION:** After registering through the link(s) above or the VACP website, you’ll receive a confirmation email. In that confirmation notice you will receive a link to register for the Zoom CE presentation. Click that link and fill in the appropriate information. You’ll be asked to input your first name, last name and email address. This information is required so we can send you a CE certificate after the meeting. **You must complete this step to finish your registration.** \*Attendees must be present for 50 minutes of every hour in order to receive CE credit.

If you’ll be attending some, or all of these workshops, please submit any questions for the presenters in advance by sending an email to VACPoffice@gmail.com no later than April 1, 2021. In your email heading please write: “VACP Spring Conference – Questions for Session #\_\_\_\_\_”). We look forward to seeing you at the VACP Spring Conference (via Zoom).

VACP Complies with the requirements set forth by the ADA. If you need special accommodations to fully participate in this meeting please contact VACP no later than April 1, 2021