



VACP

2023 Fall Conference

Virginia Academy of Clinical Psychologists



REGISTRATION

VACP Member
\$295

Non-VACP Member
\$395

Friday ONLY*
\$175
*Does not include dinner

Saturday ONLY
\$125

\$25 **Late fee** for all registrations received after September 15, 2023

Registration Deadline: September 30, 2023
Register online at:
<http://www.vapsych.org/fall>



FRIDAY

8:00 am
Registration

8:00-10:15 am
Breakfast + Course 1

10:15 - 10:30 am
Break

10:30 am - 12:30 pm
Course 2

12:30 - 2:00 pm
Membership Meeting, Lunch + Course 3

2:00 - 4:00 pm
Course 4

4:00 - 4:30 pm
Break

4:30 - 5:30 pm
Course 5

6:30 pm
Dinner



SATURDAY

8:00 am
Registration

8:00-9:15 am
Breakfast + Course 6

9:15 - 9:30 am
Break

9:30 am - 12:30 pm
Course 7

OCTOBER 12-14

12 CE HOURS

FRIDAY DINNER AT MAYA
525 E Grace Steet

HILTON RICHMOND DOWNTOWN
501 E Broad St, Richmond, VA
(804) 344-4300

\$180 per Night*
Room Block Ends September 19, 2023
*Does not include, state and local taxes

FEATURED SPEAKERS



Dr. Tiffany Duffing



Dr. J.D. Ball



Dr. Edward Farber



Dr. Todd Vance



Dr. Robin McLeod



Dr. Anya Malcolm



Dr. Aliya Chapman



Dr. Ted Peck

Developing Gut-Brain Competencies for Everyday Psychotherapy

Tiffany Duffing, Ph.D., GI Psychology

How satisfied are you with your poop schedule? Do you experience stomach upset on a weekly or monthly basis? When you're nervous or upset, where do you tend to feel it in your body? These questions are useful elements for ethically-sound clinical decision-making. They can also be pivotal in building patient-provider trust and reducing the stigma often associated with gastro distress. Disorders of the Gut-Brain Interaction (DGBIs) have a global lifetime prevalence of approximately 32%. As more individuals in the community access gastrointestinal (GI) resources and knowledge, behavioral health clinicians across all specialties will likely experience increased expectations for the familiarity of GI distress symptoms and available evidence-based treatments.

Objectives:

- Participants can expect to learn more about options for assessing DGBIs.
- Participants can expect to learn more about patient tools and resources that can be delivered in a typical psychotherapy session.
- Participants can expect to learn more about when a referral to a gut-brain therapist may be warranted.

Course 1

The Ethics of Subtractive Psychology: The Future of Diagnosis, Treatment, and Treatment Modalities

Todd Vance, Ph.D.

Since the publication of the DSM 5 in 2013, there has been an explicit shift away from discreet diagnostic categories toward understanding various mental disorders to exist on a spectrum. Over the past two decades, there has been an increase in the use of transdiagnostic therapies including Third Wave therapies and unified protocols. Since the COVID pandemic, the public has demanded interventions that may challenge what psychologists view as traditional, ethical, or empirically supported practice. Finally, new modalities and technologies including online services, interstate compacts, and AI are challenging psychologists to reconsider how they deliver services to their patients.

Objectives:

- Participants will be able to better conceptualize mental disorders as being dimensional or on a spectrum and some of the possible underlying commonalities of these disorders.
- Participants will be able to understand common elements of transdiagnostic therapeutic interventions, including interventions that typically exist outside of traditional mental health treatment.
- Participants will be able to identify ways of ethically modifying their practices to accommodate a transdiagnostic understanding of mental disorders.

Course 2*

The Future of Practice: Ethical and Regulatory Implications for Practicing Psychologists

Robin McLeod, Ph.D., Licensed Psychologist

The healthcare landscape is changing exponentially with significant impact on the practice of psychology. Regardless of work setting, what, how and where we do what we do is evolving accordingly. This presentation will highlight key factors driving changes to the practice of psychology, point specifically to what the future of the work of psychologists will become, and identify the key ethical and regulatory implications to be addressed as we move forward.

Objectives:

- Attendees will be able to list three changes in the healthcare landscape that will impact the transformation of the practice of psychology.
- Attendees will be able to articulate specific ethical and regulatory issues on the horizon that will need to be resolved by the psychology profession.

Course 3*



2023 Fall Conference Registration

Please complete the registration form and submit with payment to:
VACP • P.O. Box 29069 • Henrico, VA 23242-0069 • VACPoffice@gmail.com

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____ Email: _____

Emergency Contact: _____ Phone: _____

Daily Registration Fees (Includes all CE and meals listed below. Must register for meals by September 30th. No exceptions.)

- \$295 VACP Member General Registration** - Includes all CE, Friday and Saturday breakfasts, Friday lunch, and Friday dinner.
- \$395 Non-VACP Member General Registration** - Includes all CE, Friday and Saturday breakfasts
- \$175 Friday Only** - Includes Friday CE, breakfast and lunch.
- \$125 Saturday Only** - Includes Saturday CE and breakfast.
- \$25 Late Fee** - Applies if registering after September 15, 2023.

The following events are included in your registration, please indicate which you will be attending:

- Friday Breakfast
- Friday CE Presentations
- Friday VACP Membership Meeting and Luncheon
- Friday Dinner at Maya
- Saturday Breakfast
- Saturday CE Presentations

**Register online
at
www.vapsych.org/fall**

Special Services to Comply with American Disabilities Act:

- Check if you need special services to fully participate. Attach a written description of needs so we may contact you. Please notify the VACP by September 30th.
- Dietary Considerations / Allergies: _____

To contribute to VACP's PAC, V-Plan, visit www.vapsych.org/donate or scan this QR Code



\$_____ Total Registration Fees

- Pay by Check
- Pay by Credit Card (MasterCard/Visa/American Express)

Name on account (print): _____ Exp. Date: ____/____/____

Card Number: _____ Credit Card CVV code: _____

Billing Address: _____

City: _____ State: _____ Zip: _____

Signature (required) _____ Authorized amount \$ _____

If registering by credit card, mail completed registration form to the VACP office: P.O. Box 29069, Henrico VA 23242, fax it to 804-643-0311, or email it to VACPoffice@gmail.com.



VACP

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COURSE 1

Developing Gut-Brain Competencies for Everyday Psychotherapy

2 CE HOURS



COURSE 2*

The Ethics of Subtractive Psychology: The Future of Diagnosis, Treatment, and Treatment Modalities

2 CE HOURS



COURSE 3*

The Future of Practice: Ethical and Regulatory Implications for Practicing Psychologists

1 CE HOUR



COURSE 4*

Conversation with the Virginia Board of Psychology

2 CE HOURS



COURSE 5*

Hell No! I Won't Go. Ethical Concerns in Treating Resistant and Refusal Families

1 CE HOUR



COURSE 6*

Maintaining Professional Boundaries in the Context of Dual Relationships: Ethical Considerations and Practical Strategies

1 CE HOUR



COURSE 7*

Ethical Issues and Responsibilities in Clinical Psychology Practice

3 CE HOURS

Refund Policy: Before September 30 full refunds will be provided upon written request. After September 30, no refunds will be provided for any reason.

Special Dietary Needs: Any member with special dietary needs must contact the VACP office by September 30 so that we may accommodate your request.
ADA Compliance: Any member needed additional assistance in order to take part in the conference is asked to notify the VACP Central Office by September 30 with any necessary accommodations so that VACP may try to make any necessary arrangements.

General Membership Notice: In accordance with the VACP Bylaws, the membership of VACP will gather on Friday, October 13 to conduct business on behalf of the organization. All members in good standing are invited to attend.

Conversation with the Virginia Board of Psychology

J.D. Ball, Ph.D., ABPP and Aliya Chapman, Ph.D.

Members and staff of the Virginia Board of Psychology will provide an update on the status of the EPPP-2 as well as the status of other relevant and timely issues. Members and staff of the Board will answer questions on topics under their purview from the audience.

Objectives:

- At the end of this presentation, participants will be able to outline the status of the EPPP-2.
- At the end of this presentation, participants will be able to outline the status of relevant and timely issues undertaken and/or being considered by the Virginia Board of Psychology.

Course 4*

Hell No! I Won't Go. Ethical Concerns in Treating Resistant and Refusal Families

Edward Farber, Ph.D.

The number of children refusing contact with a parent after parental separation and divorce is rapidly growing. Various theoretical models, assessment programs, and treatment protocols have been developed. Psychologists are increasingly ordered by the courts to treat these families in reunification therapy. Yet many psychologists do not have adequate training or experience in working with complex court-ordered families, may become overly aligned with the perspective of one parent or the child and thus lose objectivity and escalate the parental conflict, or may not be able to effectively coordinate treatment with other professionals. An outline of the models of resistance-refusal and a review of the efficacy of treatment interventions will lead to consideration of ethical concerns. How to obtain informed consent when the child does not want to be treated? How to provide effective treatment when one parent is opposed to treatment goals? Who is your client?

Objectives:

- Understand the complex dynamics and treatment models for reunification therapy in resist-refuse families.
- Explore ethical issues involved in treatment where a child and parent do not want to be treated.

Course 5*

Maintaining Professional Boundaries in the Context of Dual Relationships: Ethical Considerations and Practical Strategies

Anya J. Malcolm, Psy.D.

This presentation aims to explore the ethical considerations and practical strategies for maintaining professional boundaries in the context of dual relationships. In a small country or rural area, where dual relationships are common, it becomes crucial for psychologists to navigate these complex dynamics while upholding ethical standards. This presentation will highlight the significance of maintaining clear boundaries to ensure client welfare and professional integrity.

Objectives:

- Participants will gain an understanding of the ethical challenges associated with dual relationships in the field of psychology, particularly within the context of a small town or country.
- Participants will acquire practical strategies and tools for establishing and maintaining clear professional boundaries in dual relationships, promoting ethical conduct and client welfare.

Course 6*

Successful Management of Forensic and Clinical Issues in The Practice of Clinical Psychology: Understanding and Successfully Managing Ethical Issues and Professional Responsibilities When Involved With The Courts

Edward "Ted" Peck III, Ph.D., ABPP-CN

There are forensic or legal implications for many of our clinical activities: The intake interview and psychological dementia exam that transforms to a capacity opinion in Court. The child Psychological or psychoeducational exam that transition to FAPE Team actions, earlier exams of at-risk children or teens that later become exhibits with respect to mitigation or diminished capacity in teen or adult criminal matters. Today's referral for a marital problem, depression, post COVID or WC work disability case has the potential for tomorrow's subpoena for records or testimony in a custody, disability or Third Party Personal Injury Matter.

Objectives:

- Participants will acquire an understanding of how to manage the potential conflict between the ethics of clinical practice "in the office" and practice "under Virginia or Federal Statutory Code" when in the Courtroom.
- Participants will acquire an understanding of/learning to address common patient requests which "appear as clinical" at first glance, but have the likelihood of becoming "forensic issues" in the future.

Course 7*



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VACP Fall Conference October 12 – 14, 2023



Hilton Richmond Downtown

Register online at
www.VaPsych.org/fall

**Save
the Date!**

VACP Spring
Conference
April 18 - 20, 2024
at
Hotel 24 South
Staunton, VA